



Check out our website at www.palscentral.org for information and a calendar of events!

Dear Parents,

We need your help! If every Pembroke parent commits just 2 hours to helping out, we can do amazing things for our kids and our schools. We'd like to work with you to make sure all parents can pitch in. Involvement is for everyone!

Will you please take a moment to complete the attached volunteer form?

We use a program called **2 Hour Power** that emphasizes that all help, any help makes a huge difference for schools. You can do the 2 hours all at once or throughout the school year. The research is so clear, **kids at schools with a broad base of involved parents perform markedly better on all kinds of key school measures.**

Participating as a volunteer is easy. We'd love to help you get involved in any way that works for your schedule and interests. By completing the attached volunteer form, you can let us know what you'd like to help with and when you can help. Then as opportunities come up, we look at our volunteer list and contact you to see if it fits your schedule. If you volunteered last year, thank you! We would love for you to complete a volunteer form this year!

Certain volunteer opportunities require fingerprinting. Volunteers who serve on an ongoing basis, who have regular contact with students or who have duties involving one-to-one contact with students need to be fingerprinted. Please see the fingerprinting procedure at our website www.palscentral.org or contact the SAU at 485-5187.

As a thank you...every parent who returns a completed volunteer form to the classroom teacher or school office by October 16, 2009 will be entered to win \$50.00 for their child's classroom. There will be one winner at each school!

Together, we can make a huge difference at our school! Please feel free to call or email if you have any questions or concerns.

Thank you so much for your time,

Lori Smith
PALS Volunteer Coordinator
603-485-9440
teddibear0527@hotmail.com

When parents are involved in their children's education, the children are more likely to:

- Earn better grades
- Score higher on tests
- Pass their classes
- Attend school regularly
- Have better social skills.
- Show improved behavior
- Be more positive in their attitude toward school
- Complete homework assignments
- Graduate and go on to post-secondary school

We can help you find volunteer opportunities that fit into YOUR schedule.

Contact Information

Please fill out one form for each parent/guardian in your family. **Please print clearly.**

 PARENT/GUARDIAN NAME

 RELATIONSHIP

 ADDRESS

PHONE NUMBER

 EMAIL

CHILD'S NAME

TEACHER/ GRADE

CHILD'S NAME

 TEACHER/ GRADE

CHILD'S NAME

TEACHER / GRADE

CHILD'S NAME

 TEACHER/ GRADE

Volunteer Interests & Availability

1. The Types of Opportunities I'm Most Interested In Are:

- Family Events
 Fundraisers
 One-time Projects
 In Classroom
 I am Fingerprinted
 Office Help
 Outdoor Projects
 Teacher Appreciation
 Baking/Cooking
 I am not Fingerprinted

2. Do You Have a Unique Talent or Skill that you'd like to share or access to a unique resource that might be a great fit for the school (like company matching gift program or a pickup truck perfect for deliveries)?

3. I'd Be Interested in Helping With the following activities and/or committees already scheduled for the current 2009 school year. **requires fingerprinting (Please check all that apply).

- Popcorn**** Assist 4th graders making and delivering popcorn on Wednesdays 8am – 10am. You can volunteer every Wednesday, every other, or once a month. You decide.
 Family Fun Nights - Assist with programs on the 3rd Friday night of the month in the evenings
 Reporter – Write news articles and take pictures of PALS events for our website and PALS post.
 Welcome Committee – Welcome new families to Pembroke and/or greet parents at school events.
 Library Helper** – Help students at Hill and Village checking out books. Flexible times available.
 Bakers/Cooks – Bake cookies and brownies or make pasta salad for events throughout the year
 Holiday Festival Assist children shopping at the snowman shop, sell pizza and baked goods, help children with crafts and help set up/clean up. Volunteers need on Saturday December 5th
 Yankee Candle - Assist parents in locating and picking up their Yankee candles from Hill, Village or TRS School. Must be available between 2 – 5pm for 1 or 2 days in November. Dates TBA
 Holiday Festival Donations – Make follow up phone calls to local businesses who have donated in the past. Pick up donations from local businesses. Flexible times available
 Holiday Festival Theme Baskets – Assist in picking up donations from the schools and putting the baskets together on a date TBA (around Thanksgiving)

4. The Days, Times and Types of Activities Best For Me Are: (Please check all that apply)

- The School Day
 At School
 Weekday Evenings
 After School
 From Home
 Weekends

Have Questions?

Please call or email if we can be of any help or if you have any of your own ideas for getting involved. Contact: Lori Smith, Membership & Volunteer Coordinator at 485-9440 or teddbear0527@hotmail.com